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Instructions for Home Care After Cataract Surgery with Restor

Post-operative Precautions:

1. Relax and **take it easy** after surgery.
2. Avoid straining. **Do not lift anything over twenty pounds** for 1 week after surgery. Do not bend at the waist (kneel to pick things up).
3. Protect the operated eye by wearing your regular glasses or sunglasses during the day and **taping the eye shield** over your eye when sleeping (including naps) for the first week after surgery.
4. **Do not wear eye makeup** for two weeks after surgery.
5. It is very important to **keep your hands off** your eyes 100% of the time! Constant rubbing of your eyes, picking at your lashes, and blotting with Kleenex spreads bacteria. Patients who follow this simple rule heal much more quickly than those who don't!

Post-operative Expectations:

1. There will be normal minor fluctuations in your vision as your eye heals. If you notice a significant decrease in your vision and/or having increasing pain, please contact your doctor immediately.
2. Your eye may feel dry, scratchy, or irritated after surgery. This is **normal**. **Use an artificial tear** product such as: Systane or Refresh 4 times per day. Do not use the tears immediately after using your other drops (wait 30 minutes). **Do not** use Visine, Murine, or Clear Eyes.
3. It is **normal** to experience double vision the night of surgery.
4. Surgical **dilation** of the pupil will **last 2-3 days**. This is **normal**.

Post-operative Medications:

1. **Continue taking all medications** from your other doctors
2. If you are using **eye drops for glaucoma continue to use them as prescribed**, including the night of surgery.
3. Begin using the antibiotic ointment in the operated eye **every 1-2 hours** after surgery and ending at bedtime. You will not use this ointment after the night of surgery.
4. **The morning after surgery start using the Ofloxacin and Durezol drops as directed** (see next page)