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Instructions for Home Care After Eyelid Surgery

Post-operative Precautions:

1. **Relax, take it easy, and rest after surgery.** The first 48 hours are critical to take care of yourself. This is not the time to go shopping or clean house!
2. **No heavy lifting or bending for 1 week.**
3. For the first 48 hours use **ice packs** applied gently to the stitches for 15 minutes every 1-2 hours while awake. After 3 days you can use a **warm compress** for 5 minutes twice **daily**.
4. Do not pick dried blood off the stitches.
5. **Do not wear eye makeup** for two weeks after surgery.
6. You may take a shower; however, you must be careful not to rub the lids. **Gently** clean the incisions with soapy water with the ball of your finger.

Post-operative Expectations:

1. **Mild** bleeding, swelling, and bruising are normal and expected to occur after the surgery.
2. **Call our office immediately if you experience substantial bleeding, decrease in vision, severe pain, fever, or green/yellow discharge from the wound.** Our office number is 405-271-9500.
3. Your eye may feel dry, scratchy, or irritated after surgery. This is **normal**. **Use an artificial tear** product such as: Systane or Refresh 4 times per day.

Post-operative Medications:

1. **Continue taking all medications** from your other doctors.
2. You should resume your blood thinners and aspirin the day **after** surgery.
3. Take the **oral antibiotic** by mouth as directed.
4. Wash hands thoroughly and gently apply antibiotic ointment with finger tip to the stitches 3 times daily for the first week. **(Do not use a Q-Tip as the fibers get stuck in the incision)**
5. **Take Tylenol for pain—DO NOT take Aspirin or Ibuprofen**
6. **Please apply the antibiotic ointment prior to your one week visit.** This will allow your sutures to be removed with less discomfort.